



## ALLERGY EMERGENCY CARD

**IF YOU ARE WITH A STUDENT WHO IS SHOWING SIGNS OF A SEVERE ALLERGIC REACTION, TAKE THESE STEPS NOW:**

- 1** LIE THE CHILD FLAT WITH LEGS RAISED – DO NOT MOVE THEM 
- 2** IF THE STUDENT IS SHOWING SIGNS OF ANAPHYLAXIS AND AN AAI IS AVAILABLE, USE IT NOW IN THE UPPER THIGH  
(AAI - adrenaline pen / EpiPen / Jext Pen)
- 3** If you are alone in the classroom, **give the duplicate of this card to a student** and ask them to hand it to the first adult they see. **You must stay with the child.** If you are alone, shout for help from where you are.
- 4** If you are able, **call 999**, but **do not leave the student.** Say 'Emergency - child in anaphylaxis' (AN + UH + FI + LAK + SIS)
- 5** After 5 minutes, give 2nd AAI in the **other leg**, if child not improved
- 6** **If the student shows no signs of life – COMMENCE CPR IMMEDIATELY**


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IF YOU ARE BEING HANDED THIS CARD,  
IT IS BECAUSE A CHILD IN ROOM

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IS SHOWING SYMPTOMS OF A SEVERE  
ALLERGIC REACTION, YOU MUST NOW:

- 1** CALL 999 IMMEDIATELY AND SAY  
"EMERGENCY - CHILD IN  
ANAPHYLAXIS"  
(AN + UH + FI + LAK + SIS)  
Ideally call from a mobile phone so that  
it can be taken to where the student is.
- 2** Contact the first aider (or give another  
person the specific task of doing this)
- 3** Ensure school office is notified of an  
emergency, alert a member of the SLT
- 4** If your school has a spare adrenaline  
autoinjector pen (EpiPen / Jext Pen),  
locate it take it to where the child is
- 5** Ensure the student's  
emergency contact is notified

IMPORTANT INFORMATION OVERLEAF

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